

Welcome aboard

Thank you for choosing to fundraise for UK-Med!

By downloading this pack, you've already taken the very first steps towards making a difference to the lives of some of the world's most vulnerable people.

We are a small organisation which is why people like you make such a <u>big difference</u>.

Your fundraising activities are essential to keeping us ready to respond to the next emergency - wherever and whenever we are needed, for as long as we are needed.

There are so many ways to get involved in fundraising for UK-Med. Join the hundreds of others who have already come together with their family, friends, and community.

Remember to get in touch with us as you plan your event or activity so we can be there to support you along the way! Our friendly fundraising team are always on hand at fundraising@uk-med.org or give us a call on 0300 140 9984.

We love to share your wonderful efforts so be sure to spread the word on social media and tag us:









Everyone should get the healthcare they need when disasters hit. Right now, millions don't. Together, we're changing that.



In this pack you'll find...

inspiring stories

some ideas for your own fundraiser

a handy stepby-step-guide to get you started.





Supplies are critically low. Medical staff are exhausted. And innocent people - many of them children - are suffering without access to the medical care they urgently need.

Our frontline medical teams are delivering lifesaving treatment but we can't do it alone. We urgently need your help to keep our hospitals open.

Join our 'Go for Gaza' campaign to help fund more trained medics and essential medicines to save lives.

Every donation, every fundraiser, and every step you take makes a difference. Whether you run, bake, cycle, host, or donate, you're helping to provide:

- More trained staff to provide medical care, consultations and emergency surgeries
- Funds to keep the electricity that powers the hospital running and a supply of clean water
- Essential medicines to treat injuries and preventable illnesses

Our hospitals are quite literally a lifeline. Every donation, and every minute, counts.

Go further Go faster Go for Gaza

Visit the <u>JustGiving UK-Med Gaza campaign</u> to get started.



Ways to fundraise

There are so many ways and places to fundraise that it can feel overwhelming wondering where to start. Start by considering your skills and networks - then you can move on to the specifics of where and when.

Community

Are you part of any groups or clubs? We can provide speakers for civic groups such as Rotary clubs, schools, places of worship, or libraries.

Sports teams, music groups, and theatre groups are all places you can fundraise in your community with people you know too. You could organise an event such as a concert, or keep it more low key with a coffee morning or bake sale!

Individual challenges

If you're feeling adventurous, why not take on a new challenge? You could cycle, swim, run, walk, or paddleboard and collect sponsors. Some of our more intrepid supporters have taken on the Three Peaks Challenge, Tough Mudder, and international bike rides – with so many options, you can find something that works for your level and comfort.

Virtual

Fundraising from the comfort of your own home has never been easier. Virtual fundraising gives you more flexibility and can be cheaper and easier to organise. This isn't to say that you'll raise less: in fact, Facebook birthday fundraisers are one of the easiest and quickest ways to raise hundreds of pounds.

Whichever way you decide to get involved, we'll be there to support you. See more of our past fundraisers here >

Fundraising inspiration





Laurence has been organising a series of concerts by candlelight to raise money and awareness of for UK-Med's Emergency Response Fund. With over 10 concerts organised Laurence has travelled all over the UK showcasing classical music and poetry. These concerts are a beautiful representation of how art can be used to raise awareness on important issues affecting thousands of people.

Hayder took on an amazing challenge, cycling 100 miles, London-Essex to raise money for our teams in Gaza to deliver their life-saving work. Hayder's fantastic fundraising efforts raised over £4000!





Sam at Charlie Bighams got a group of 7 brave colleagues together to take on an incredible skydiving challenge raising vital funds for UK-Med. Raising over £2000, Charlie Bighams has generously agreed to match fund the groups fundraising total!

Step-by-step fundraising guide

- Register your event with us. Get in touch with our fundraising team so we can support you with everything you need to make your event a success.
- Set up a donation page. JustGiving is the easiest platform to use: you can start setting up <u>your page here</u> or you can use Facebook's Fundraising tools. Alternatively, you could also collect donations (cash or cheques) and send them to us.
- Share your progress. Update your donation page, social media, or tell people you know in person about your fundraising. We find that the more vocal and visible people are about their event, the more they raise!
- The hard part is over congratulations! The last step now is to send in your donations. If you've used an online donation platform, there's no need to do anything as your donations will be sent directly to UK-Med.

If you've raised cash donations, you can return you money via bank transfer or in the post by using the following details:







